

# Apuesta por la Eficiencia Energética

## How to use less energy

By making simple changes, you can make your home more energy efficient, helping reduce bills and lower your carbon footprint. Now that is smart!

### Bathrooms

Reducing your shower time by one minute will reduce your bills. Further energy savings can be made by fitting tap inserts and aerating shower heads.

### Bedrooms

Do you have spare rooms? Adjust your radiator controls so you don't heat rooms that are unused.

### Kitchen

Make sure your washing machine always has a full load. Energy can be saved by using a 30°C wash.

Don't over-fill your kettle and only boil the water you need.

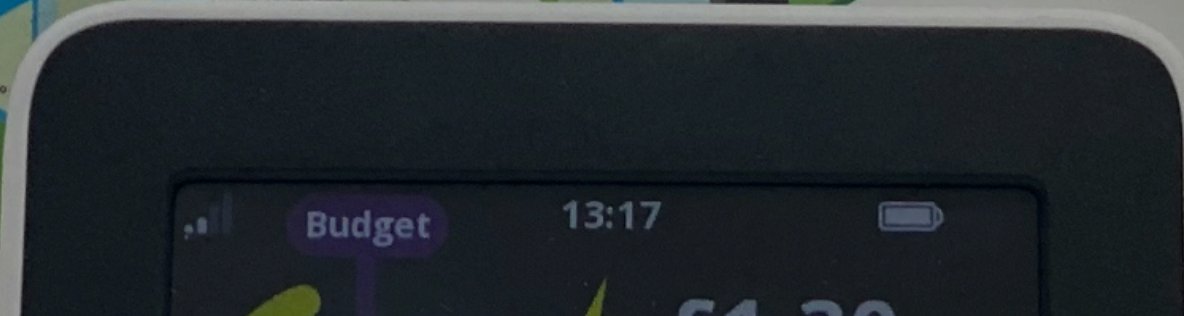
### Living Room



Consider loft and wall insulation to prevent heat leakage.

### Garden

If the sun is shining turn off the tumble dryer and dry your clothes naturally.



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